

## User Information

### 1. Indication:

Avemar pulvis is recommended in complementing cancer treatment during and after surgery, radiotherapy, chemotherapy and immune therapy. The continuous use of Avemar is recommended during the full course of clinical treatment and after its completion for as long as recommended by the treating physician. After surgery, the administration of Avemar can begin when the patient has been able to take food orally without complications for at least 4 days.

### 2. Side Effects:

The use of Avemar produces, on rare occasions, a soft stool and on even rare occasions, an unsettled stomach or nausea.

### 3. Contraindications:

Avemar should not be taken during pregnancy and breast feeding. Avemar should not be taken by patients undergoing organ or tissue transplants, or those who suffer from bleeding erosions and/or bleeding ulcers of the gastrointestinal tract (bleeding stomach and bleeding duodenal ulcers), enteritis/colitis (serious inflammations of gastro-intestinal tract) or malabsorption syndrome (sprue), including gluten sensitive enteropathies (celiac sprue). Patients with inherited fructose intolerance or patients with hypersensitivity to any components of ingredient of Avemar should also avoid its use.

### 4. Known interactions with other drugs:

If vitamin C is being administered, Avemar should be consumed at least 2 hours before or after treatments with preparations containing vitamin C. As Avemar may be adversely affect the absorption of other medications or supplements, Avemar should be taken at least 2 hours before or after treatments using other products.

### 5. Warning:

Avemar is not a replacement or substitute for clinically indicated anti-cancer therapies and procedures. Keep

# avemar

## Avemar Pulvis

granulate for cancer patients

out of the reach of children. Avemar should only be taken under medical supervision for patients of 14 years or older. The use of Avemar should be discontinued 2 days before barium sulfate X-ray contrast examinations and should not be reinstated within 2 days after the completion of examination. Patients with diabetes can take Avemar under the supervision of a health professional, and the product's carbohydrates contents must be taken under consideration.

### 6. Preparation, dosage and administration:

#### Preparation of a single dose:

A sachet of 17 gram Avemar pulvis should be mixed in 150 ml of cold water and drink it. Once the Avemar solution has been made, it should be used within 30 minutes.

#### Dosage:

For an adult with body weight of less than 90 kg, a single daily dose of 17 gram, prepared according to the above instructions, is recommended, ideally approximately 1 hour before eating. Patients with a body weight of 90 kg or more should consume 2 sachets of 17 gram per day (one in the morning one in the evening) ideally 1 hour before breakfast and dinner.

**Avemar can also be prepared and consumed in soft drinks or non carbonated mineral water, providing that their vitamin C (ascorbic acid or E 300) content is not significant.**

ہدایات:  
بچوں کی پہنچ سے دور رکھیں۔  
دوا 15<sup>o</sup> ڈگری سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔  
روشنی سے بچائیں۔